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## Client Check in



Counseling and Family Services	ECR #
Client's Name Today's Date	
Since your last appointment have you used any of the following? Caffeine OYesONo	
12oz. per day:	
Marijuana OYesONo  Grams per week :	
Alcohol OYesONo  Drinks per week:	
Nicotine OYesONo  Cigarettes per day	
Drugs not prescribed OYesONo  Type Amount	Per
Since your last appointment: Did you see a doctor OYesONo  When:	
Were you prescribed new meds? OYesONo  What Meds?	
Did you complete any labs? OYesONo	



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What Labs :
Did you use prescription birth control? OYesONo
What Type
Are you pregnant or intending to be? OYesONo
Did you attend therapy or group? OYesONo
Frequency
Did you have any hypomanic or manic days? OYesONo
Frequency
Did you have hallucinations or hear voices? OYesONo
Frequency ?
What social activities or hobbies have you been enjoying?
What type of/how much exercise have you performed?
Do you feel rested most days? OYesONo
How many hours of sleep do you averate at night?
NEW symptoms or medical problems since your last appointment:     recent fever   changers in vision     palpitations   blood in urine   recent night sweats   loss of vision   chest pain   flank pain   change in   weight   ear pain   swelling of extremities   muscle pain   headaches   difficulty swallowing   nausea     joint pain   weakness   neat / cold intolerance   vomiting   easy brusing   numbness   excessive thirst     diarrhea   gums bleeding   shortness of breath   abdominal pain   hay fever   rashes   coughing   difficulty   urinating   lupus   changes in skin   wheezing   frequent urination   seizure (Date:)
Pain Intensity- Please circle the number, or range of numbers. that best describe your pain. 0 being no pain and 10 being worst pain imaginable.
On a 'good' day:   0 2 3 4 5 6 7 8 9 10
On a 'bad' day : □ 0□ 1□ 2□ 3□ 4□ 5□ 6□ 7□ 8□ 9□ 10

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## Signature Certificate

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This audit trail report provides a detailed record of the online activity and events recorded for this contract.

Page 4 of 4